

# CRAMPA

2025





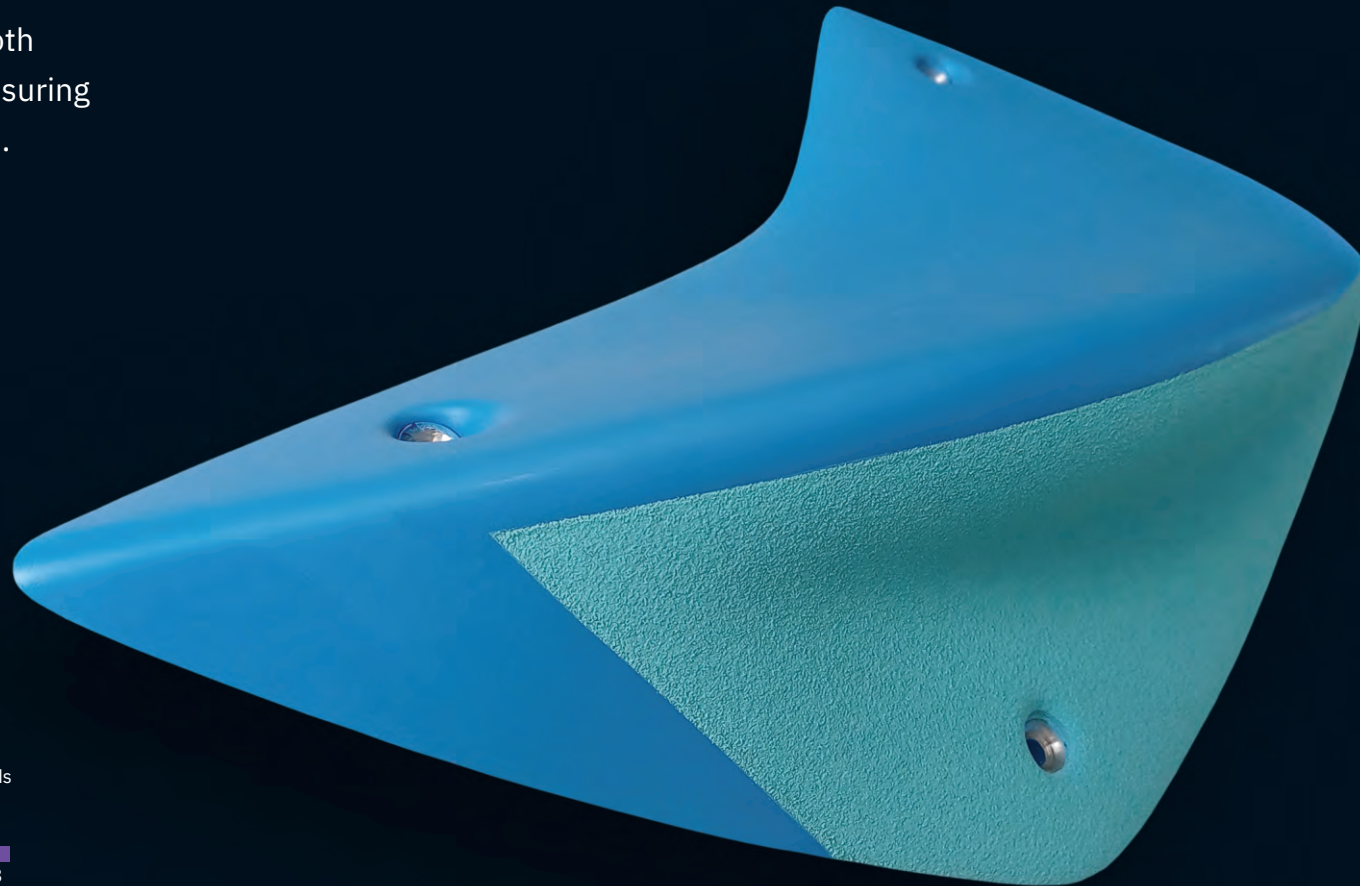
The holds and macros in the **Crampa πU** product line feature a dual-textured design.

The polyurethane cast has added texture, similar to the fibreglass technology.

The smooth surface is both resistant and durable, ensuring a longer product lifespan.

**CRAMPA**

**πU**



Different colors are possible on request.  
You can order dual-color volumes and holds

**RAL**

9005	7011	7001	9016	4008
6027	5015	5005	6002	6018
2004	3020	1023		

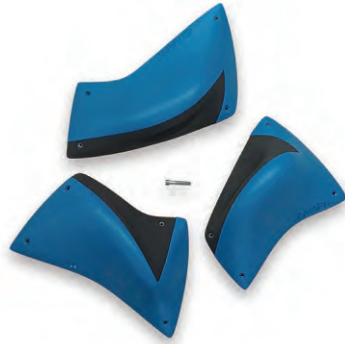


## Dominant

3 Macros, Size S

Compatible with screws 4.5 or 5mm

Surface type	Weight per set	Dimensions
Dual texture, matte	3,3 kg	50/30/9.5 45/27/10 38/27/12

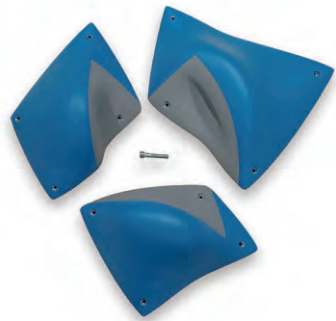


## Obsessive

3 Macros, Size S

Compatible with screws 4.5 or 5mm

Surface type	Weight per set	Dimensions
Dual texture, matte	3,3 kg	46/21/9 46/25/9 48/23/8

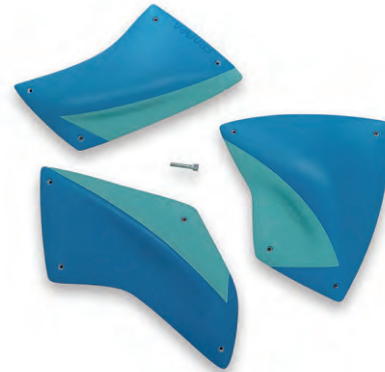


## Superior

3 Macros, Size S

Compatible with screws 4.5 or 5mm

Surface type	Weight per set	Dimensions
Dual texture, matte	3 kg	35/26/12 38/23/11 38/32/11



## Sophisticated

3 Macros, Size S

Compatible with screws 4.5 or 5mm

Surface type	Weight per set	Dimensions
Dual texture, matte	3,3 kg	44/36/8 57/27/8 48/24/6

## Arrogant

10 Mega Holds

Compatible with screws 4.5 or 5mm

Surface type	Weight per set	Dimensions
Dual texture, matte	5,3 kg	av. 37/20/7



## Selfish

10 Holds, Size L

Compatible with screws 4.5 or 5mm

Surface type	Weight per set	Dimensions
Dual texture, matte	2,5 kg	av. 25/12/5

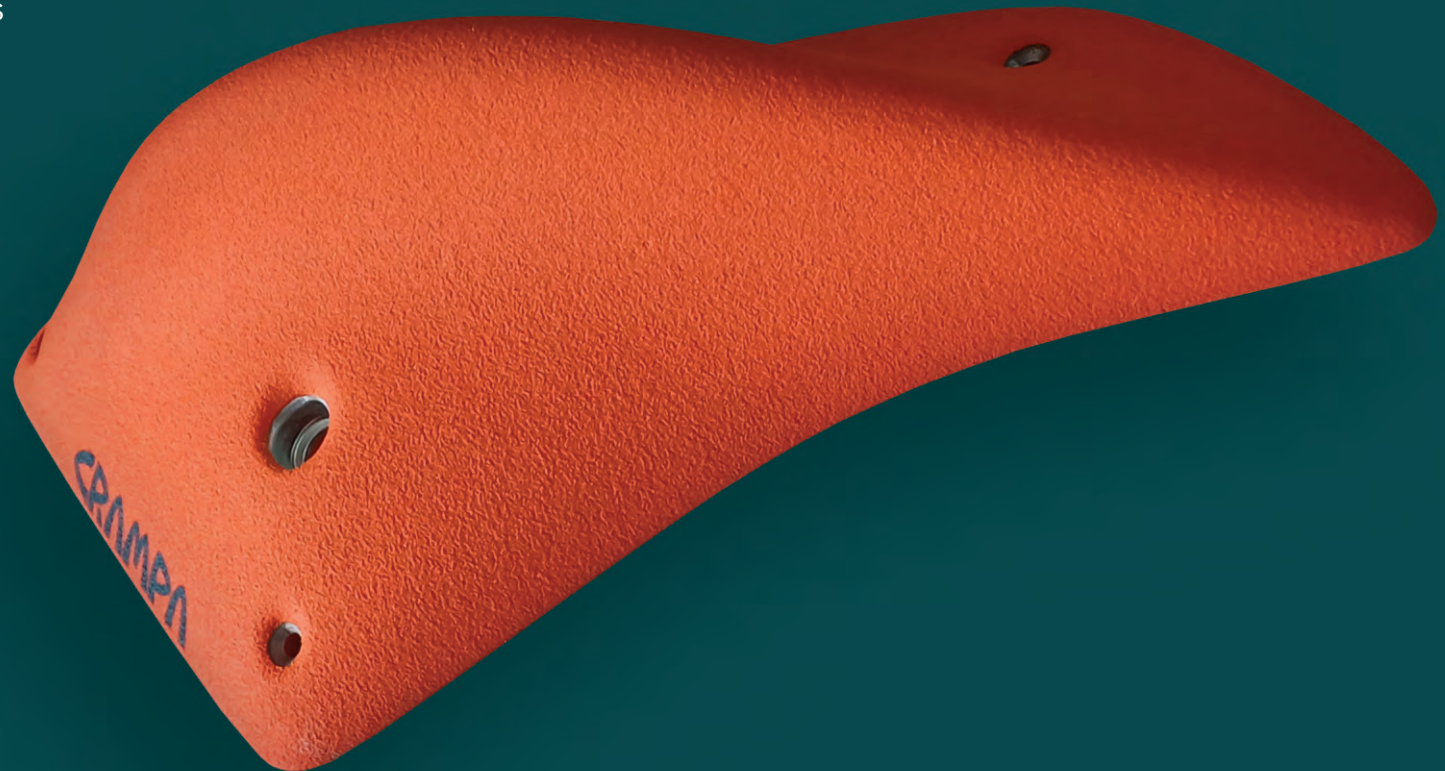




The **Crampa πE** product line features holds and macros created using our unique technology. Each polyester cast is reinforced with a chopped fibreglass mat. The added texture is similar to the fibreglass technology. This innovative approach makes it easier to insert bolts and screws, reduces the production costs, and shortens manufacturing deadlines.

CRAMPA

πE



Different colors are possible on request.  
You can order dual-color volumes and holds

RAL				
9005	7011	7001	9016	4008
6027	5015	5005	6002	6018
2004	3020	1023		





## Obstructive

5 Mega Holds

Compatible with:

01. Screws **4.5** or **5mm**

02. Bolts (for the whole set 1 bolt **10/50 mm**, 3 bolts - **10/100 mm** and 1 bolt - **10/120 mm**)

Surface type	Weight per set	Dimensions
<b>Full texture</b>	<b>5,5 kg</b>	<b>40/17/7</b> <b>44/18/7</b> <b>32/20/9</b> <b>39/20/7</b> <b>40/20/5</b>



## Imperious

5 Mega Holds

Compatible with screws **4.5** or **5mm**

Surface type	Weight per set	Dimensions
<b>Full texture</b>	<b>7,5 kg</b>	<b>42/15/7</b> <b>46/18/7</b> <b>36/17/7</b> <b>42/15/9</b> <b>40/19/9</b>



Meet the **Crampa W** product line. Our handcrafted wooden training gear is designed to make climbing workouts more enjoyable and effective.

We use a variety of wood types to ensure that our products are not only strong and durable but also look great.

By choosing sustainably harvested wood we demonstrate our commitment to preserving nature for generations.

**CRAMPA**

**W**



**CRAMPA**





## Gripfour

42 cm long  
7 cm diameter  
800 gr, beech wood

A portable and lightweight fingerboard **Crampa Gripfour** is perfect for travelling climbers.

A single-point fixation system allows varying the angle. The design includes **4** different grips.

An accessory cord and high-quality bag are included.



## Gripfour S

32 cm long  
7 cm diameter  
650 gr, beech wood

A portable and lightweight fingerboard **Crampa Gripfour S** is perfect for traveling climbers.

A single-point fixation system allows varying the angle. The design includes **4** different grips. **Crampa Gripfour S** is compact and specially designed for warm-up before rock climbing.

An accessory cord and high-quality bag are included.



## Campus board rungs

Custom rung profiles  
50 cm long  
beech wood

Rung size **S** – 23 mm  
Rung size **M** – 32 mm  
Rung size **L** – 37 mm

The ergonomic design makes your training comfortable and effective.

Each campus board rung comes complete with screws.



CRAMPA

GRIPFOUR S

CONTACT US:

[office@crampa.com](mailto:office@crampa.com)

+359 898 66 49 90

[www.crampa.com](http://www.crampa.com)